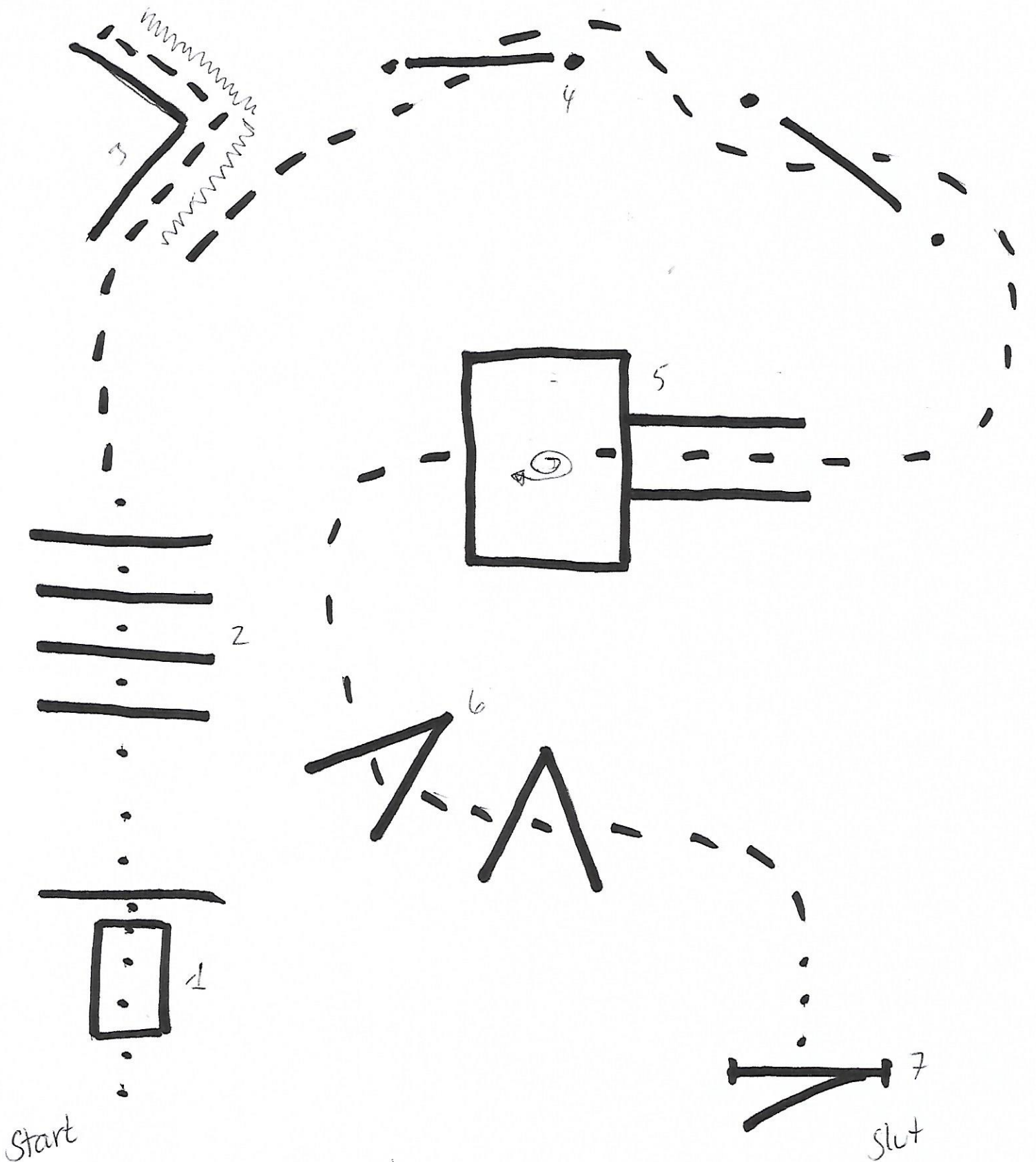


TRAIL IN HAND OPEN



Start

- 1 walk over bridge + pole
- 2 walk poles
- 3 jog around corner and back L
- 4 jog through cones/poles.
- 5 jog into chute and turn 360° right
- 6 jog poles

..... walk
 - - - - - jog