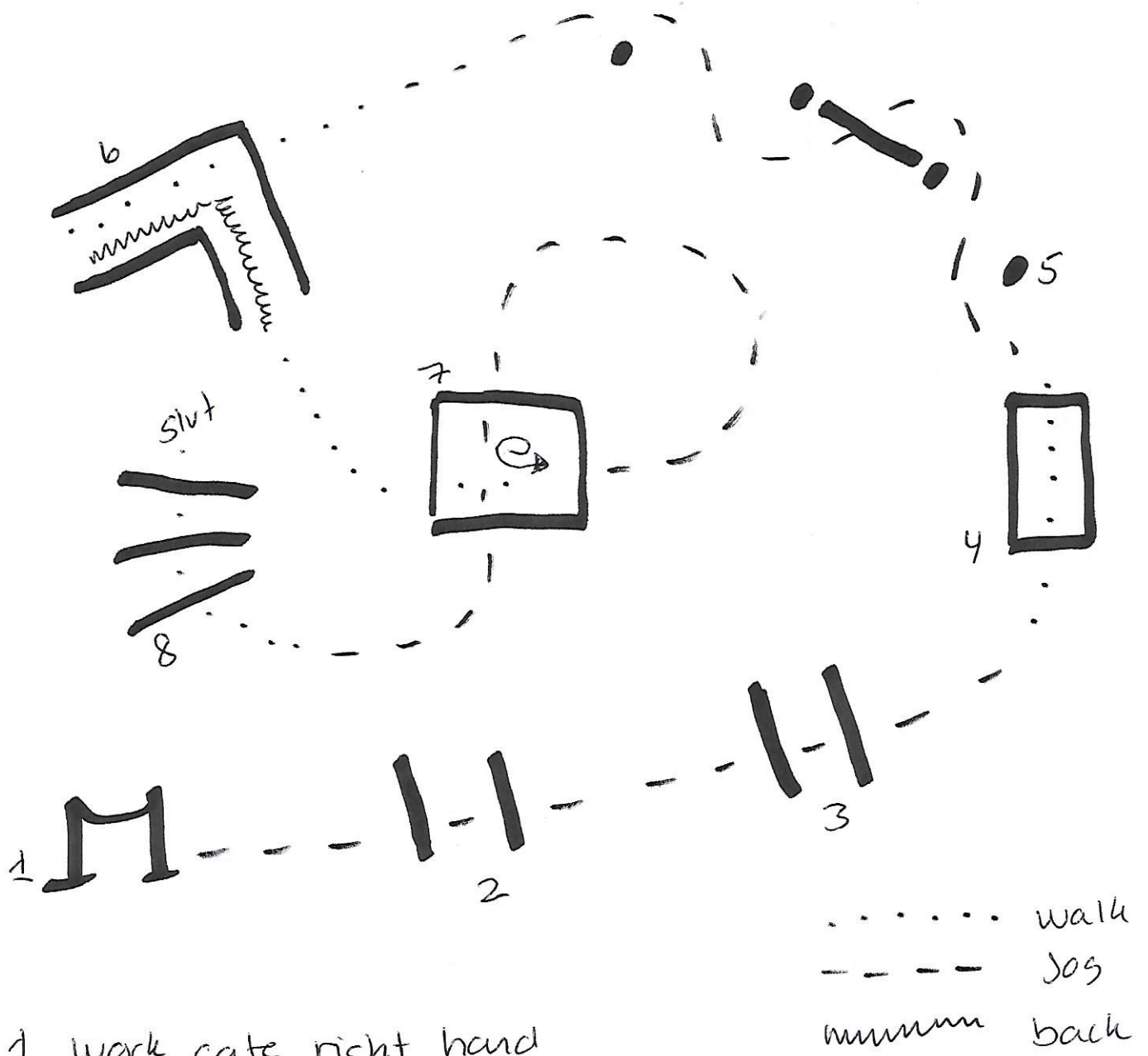


TRAIL GREEN / NOV



- 1 work gate right hand
- 2-3 jog poles
- 4 walk over bridge
- 5 jog through cones and pole
- 6 walk into chute and back out
- 7 walk into and turn left | . jog through
- 8 walk poles .