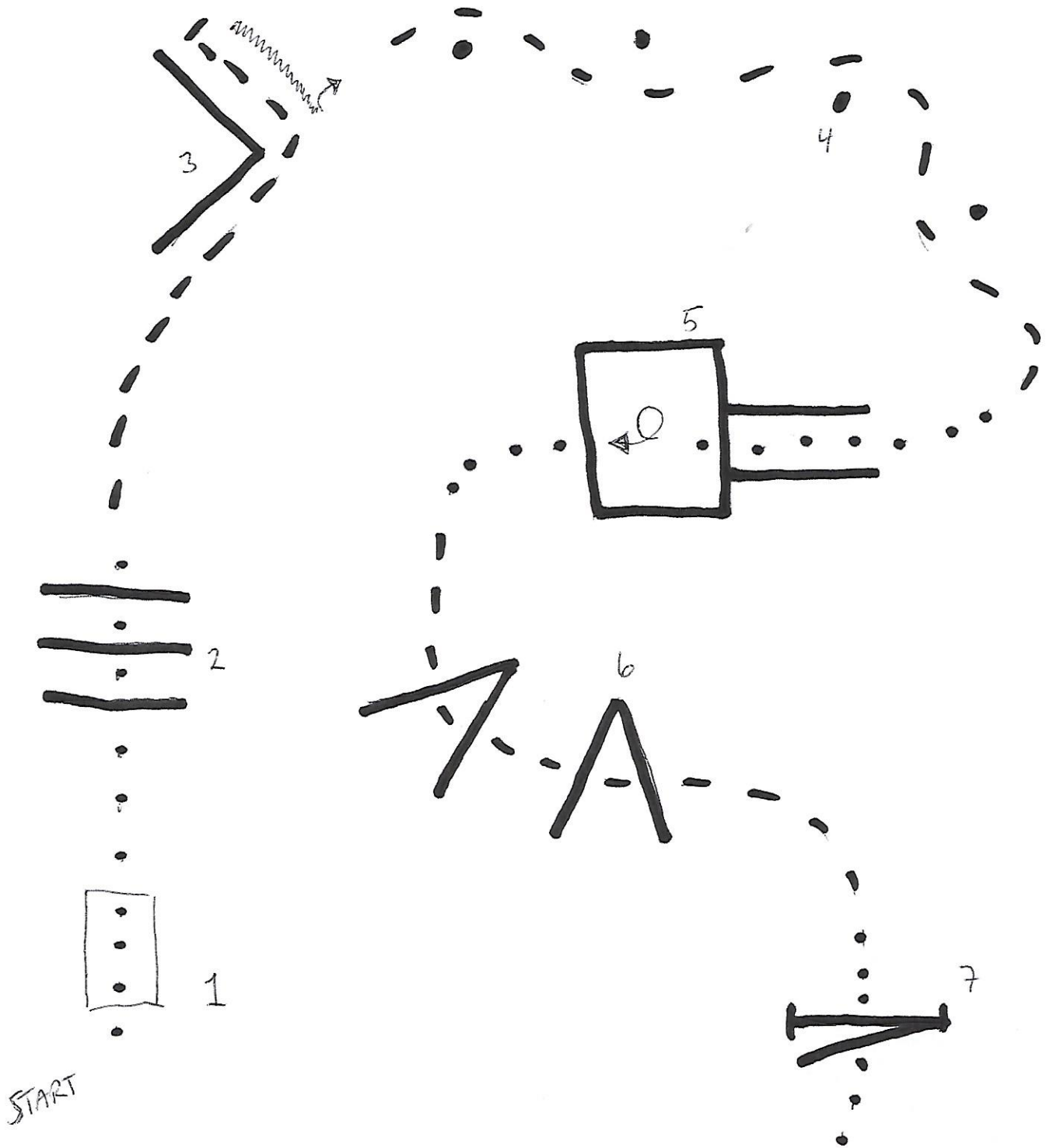


TRAIL IN HAND GREEN + TRAIL GREEN



1. walk over bridge and poles.
2. jog around corner and stop, end back.
3. jog through cones
4. walk into chure and turn 360° right, walk out
5. jog poles
6. work gate

..... walk
 - - - - - jog